

SOUTHINGTON COMMUNITY YMCA POOL SCHEDULE

THE POOL SCHEDULE IS EFFECTIVE AUGUST 30th – MARCH 27, 2011

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADULT SWIM/High School Lap Swim All lanes must be shared no exceptions. Number of lanes available depends on number of participants in the pool.	9:00AM-11:00AM 3 Lanes 2:30-3:30PM 3 Lanes*	5:30 AM-9:15 AM 3 Lanes 11:10 AM-12:55 PM 3 Lanes* 12:55-1:15PM 1 lane only* 4:00 PM – 5:00 PM 3 Lanes* 7:35 PM-9:15 PM 3 Lanes*	5:30 AM-8:45 AM 3 Lanes 8:45-9:15AM 1 Lane only* 11:10 AM-12:55 PM 3 Lanes 12:55-1:15PM 1 lane only* 7:35 PM-9:00 PM 3 Lanes	5:30 AM-9:15 AM 3 Lanes 11:10 AM-12:55 PM 3 Lanes* 12:55-1:15PM 1 lane only* 4:00 PM-5:00 PM 3 Lanes* 7:35 PM-9:15 PM 3 Lanes	5:30 AM-8:45 AM 3 Lanes 8:45-9:15AM 1 Lane only* 11:10 AM-12:55 PM 3 Lanes 12:55-1:15PM 1 lane only* 7:35 PM-9:00 PM 3 Lanes	5:30 AM-9:00 AM 3 Lanes 11:10 AM-12:45 PM 3 Lanes* 4:00 PM-5:00 PM Share with Rays 1 Lane* 7:35 PM-9:00 PM 2 Lanes	7:00 AM-8:15 AM 3 Lanes* 1:00 PM – 4:00 PM 3 Lanes
OPEN/FAMILY SWIM	1:00 PM- 2:30 PM NO LAP SWIM Families Only 2:30-3:30	4:00-5:00PM* No Family Time on Monday eve	7:35 PM-9:00 PM	4:00 PM-5:00 PM* 7:35 PM-9:15 PM	7:35 PM-9:00 PM	4:00 PM-5:00 PM* 7:30 PM-9:00 PM	1:00 PM-4:00 PM
AOA (Active Older Adults) 50+ YEARS		1:30 PM-2:30 PM		1:30 PM-2:30 PM		1:30 PM-2:30 PM	
STINGRAYS SWIM TEAM Please check your age bracket for appropriate times	Senior Stingray Members 11:00AM-12:15PM	4:45 PM-6:30 PM (check your age bracket for time)	5:00 PM-6:30 PM Rays 4:45-5:30 PM	5:00 PM-6:30 PM	5:00 PM-6:30 PM Rays 4:45-5:30PM	5:00 PM-6:30 PM Rays 4:45- 5:30 PM	
CLASSES: CHECK BROCHURE FOR DETAILS		9:00 AM-11:00 AM 11:00 AM-12:00 PM 12:55 PM-1:35 PM 5:00 PM-7:30 PM	9:00 AM-11:00 AM 12:55 PM-1:35 PM 4:00 PM-5:00 PM 5:00 PM-7:20 PM	9:00 AM-11:00 AM 11:00 AM-12:00 PM 12:55 PM-1:35 PM 5:00 PM-7:30 PM	9:00 AM-11:00 AM 12:55 PM-1:35 PM 4:00 PM-5:00 PM 5:00 PM-7:20 PM	9:00 AM-11:00 AM 11:00 AM-12:00 PM 1:00 PM-1:30 PM 5:00 PM-7:30 PM	8:15 AM-12:45 PM

Please review the monthly calendar, available at the front desk and posted at the pool, for pool closings due to swim meets.

*Pool Time is shared with programming Any questions please call Barbara Glaude @ 860-426-9553 Please see reverse side for Pool Information and Rules